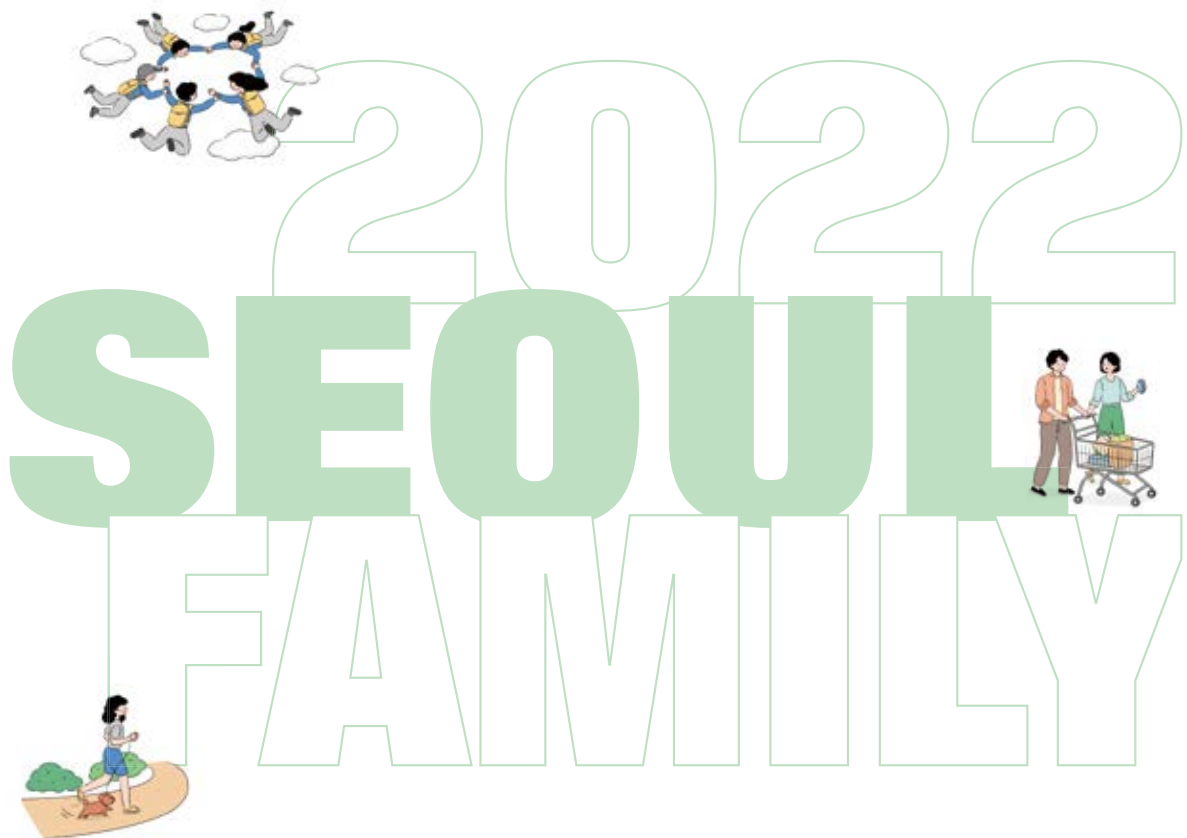


2022
Seoul Family
Report



2022
SEOUL
FAMILY

2022 Seoul Family Report



2022 New Seoul Family Services

Mothers' High Parenting Stress

Mothers experience higher parenting stress than fathers do (see p. 16).

Support for Childcare and Educational Expenses

Demand for "support for childcare and educational expenses" is the highest among parents of infants and elementary school children (see p. ***-***).

Support for Parents

Insufficient Father-Child Conversations

The perception that father-child conversations are less frequent than mother-child talks is high (see p. **, **)

Improving the Bond between Fathers and Children

SEOUL FAMILY SERVICES

Seoul Type Kids Café

More Seoul Type kids cafés, where children can play freely, have been expanded (see p. 20).

Mom and Dad Happiness Project

The Mom and Dad Happiness Project has been launched to create a city free of childcare concerns (see p. 66).

Seoul's Dedicated Infant Caregiver Pilot Project

A dedicated infant caregiver service is being piloted, where dual-income parents can safely entrust their children aged three to 36 months to specialized childcare professionals and return to work (see p. 20).

Base-type Night Care Service

A free night care service has been started for preschoolers at daycare centers (see p. 20).

Seoul Support Project for Pregnant Women

Every pregnant woman can get a 700,000-won voucher to cover transportation expenses (see p. 21).

Ordinance on Family Support for Adolescent Parents

A basic plan has been implemented to provide daily living and child-rearing support to adolescent parents in Seoul (see p. 14)

SEOUL FAMILY SERVICES

Aja Project

Father-child educational/cultural experience programs are being implemented to strengthen the parenting capability of fathers (or other male caregivers) of children aged five to 13 and improve their bond (by 25 autonomous district family centers in Seoul) (see p. 18).

Aja Riding

Aja Riding, a bicycle mission project to improve the father-child relationship, is being implemented (see p. 18).

Father's Class at Seoul Family School

Seoul Family School offers Father's Class at 25 autonomous district family centers in Seoul to strengthen fathers' parenting skills and improve their relationships with their children (see p. 5).

Family Important for Seoul Residents

"Family" was cited as the most reliable thing, emotionally, and recognized as important (see p. **~**).

Fathers Keen to Receive Parental/Father Education

Fathers of underage children experiencing difficulties in childcare and education who have heard or know about the family center are highly willing to receive parental/father education (see p. **).

High Willingness to Use Public Housekeeping Support Service

Seoul residents are highly willing to use the public housekeeping support service (with those in their 30s being the most interested). There is a high demand for "verification of helpers" and "quality management of housekeeping services" (see p. ***).

Seoul Family Center is Here for Your Family

SEOUL FAMILY SERVICES

The Seoul Healthy Family Support Center, which provides integrated family services for all families in Seoul, has changed its name to "Seoul Family Center" this year. It also provides comprehensive services for multicultural families, along with those related to family education, counseling, culture, and care.

Outreach Counseling

Psychological counseling, which used to be conducted only at the autonomous district family centers, will be extended to schools, libraries, youth counseling and welfare centers, childcare support centers, and companies (see p. 6).

Seoul Family School

Seoul Family School helps strengthen the familial relationships of Seoul residents (Premarital/Newlywed Class, Child/Adolescent Parenting Class, Father's Class, and Family Chef)—all Seoul residents can participate for free (see p. 5).



Seoul Relieves Housework Burden

SEOUL FAMILY SERVICES

Seoul Housekeeping Support Service

The Seoul Metropolitan Government has increased the frequency of the housekeeping support service, which has been provided to single parents since 2018, from thrice a month to four times a month. In addition, from this year, four hours of housekeeping support service once a week for two months is being offered to pregnant women. In 2023, the housekeeping support service will be extended to include dual-income and multi-child families (see p. 21).

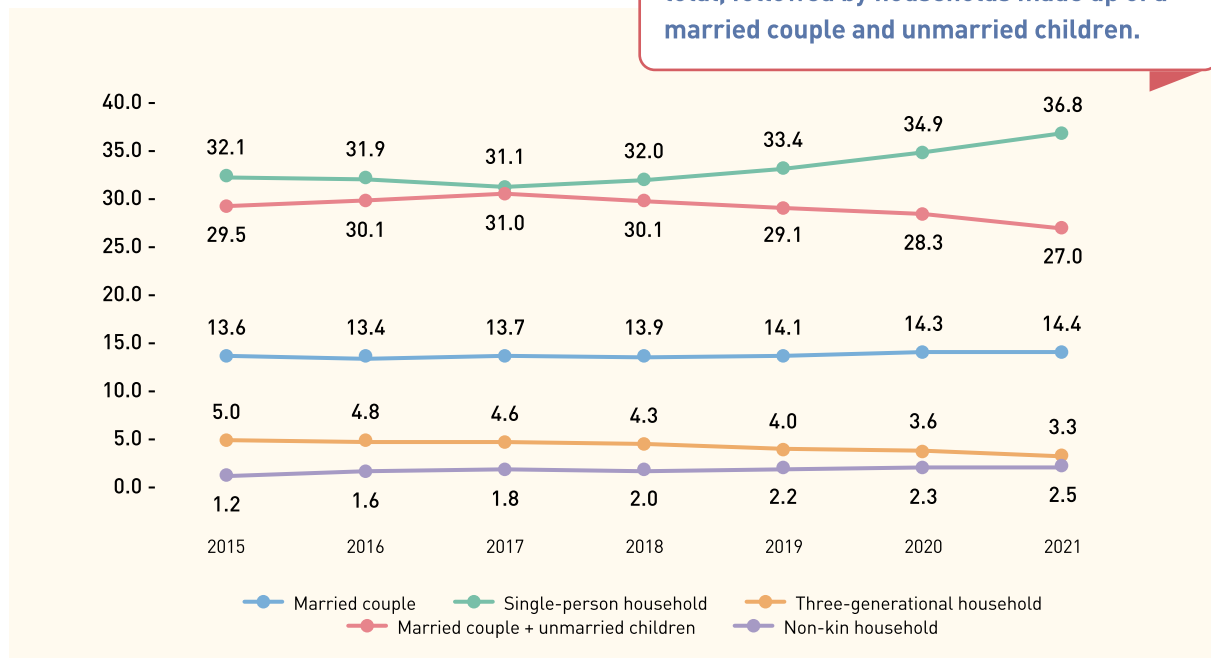
More family services
have been added this year.
Check out the details
in the Seoul Family Report.

Leaving No One Behind: Diverse Seoul Families



In 2021 in Seoul, single-person households were the highest in number (1,489,893, 36.8%), followed by households made up of a married couple and unmarried children (1,093,980, 27.0%). Since 2015, the household type with the highest percentage in Seoul has changed—from households made up of a married couple and unmarried children (2015) to single-person households (2017) (Statistics Korea, relevant year). Furthermore, non-kin households—that is, households made up of five or less people who are not family members—have increased in number consistently, accounting for 2.5% of the total in 2021.

Number of households by household type in Seoul



Unit %

Source

Statistics Korea, relevant year, annual population census

Seoul Family School for Families in Seoul

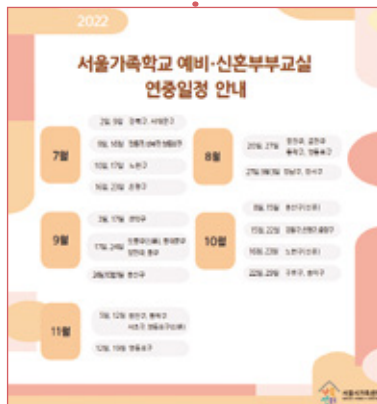
Seoul Family School **Seoul**

Seoul Family School is a brand that encompasses family education programs offered by the Seoul Metropolitan Government and Seoul Family Center and is run at family centers in all autonomous districts of Seoul. As of 2022, it offers classes for each stage of family life—"Marital Education (Premarital Class, Newlywed Class)," "Parental Education (Child Parenting Class, Adolescent Parenting Class, Father's Class)," and "Family Chef." More than 30,000 Seoul residents continue to participate every year, and in 2021, participant satisfaction was 4.7 points (out of 5). Seoul Family School is free for all citizens living in Seoul, who can register via phone by calling the family center closest to them, or on the official website (Family Seoul: www.familyseoul.or.kr). Below are the details of each class of Seoul Family School.

Marital Education

- Premarital Class is for couples planning to get married or dating to help them understand themselves and their partner better for a healthy marriage/relationship.
- Newlywed Class provides couples with the information necessary for marital life and teaches them conversation skills to nurture a healthy marriage.
- Testimonial: "Every day, since our wedding, I have discovered new things about my husband and myself through self-reflection. Honestly, at first, I was skeptical about the program, but as soon as I started it, I regretted not having applied sooner."

Source: <https://familyseoul.or.kr/node/12993>
<https://familyseoul.or.kr/node/14502>



Parental Education

- Child Parenting Class and Adolescent Parenting Class help parents of elementary to high school children understand the developmental characteristics of childhood and adolescence and acquire information and skills related to parenting, helping them grow along with their children
- Father's Class supports fathers' self-care and strengthening of individual capability and helps them build healthy relationships with their children.
- Testimonial: "To be a good husband and father, it was important that I applied what I had learned in Father's Class to my family life. So, I decided to start with the small things first, and I am trying to change my words and attitude."

Source: <https://familyseoul.or.kr/node/12896>



Family Chef

- Family Chef supports families to develop a horizontal family culture through cooking.
- Testimonial: "In a relaxed atmosphere where no one was blamed for making a mistake, we were able to have a child-centered interaction. Sometimes it is hard to express our gratitude and love to our close ones, even though we live together. The cooking experience was an opportunity to remind ourselves of the gratitude and love we have for each other."

Source: <https://familyseoul.or.kr/node/14584>



Psychological Interventions for Seoul Residents

Seoul Family Counseling Support Project **Seoul**

Family centers in 25 autonomous districts in Seoul provide professional counseling for resolving family conflicts and other family-related concerns due to the prolonged COVID-19 pandemic. Recently, to strengthen this service, a pool of family counselors belonging to private associations was used through an agreement, and the capability of each autonomous district family center's counseling personnel was also strengthened. Specific programs under this project are as follows.

Outreach Counseling **Seoul** **New**

From this year, to expand the family center counseling service, psychological counseling that was available only at the counseling centers will be offered in schools, libraries, youth counseling and welfare centers, childcare support centers, and companies as well. Professional counseling will be provided to resolve family conflicts and other problems and to address child-rearing, work stress, and COVID-19-related depression, among other things. Pilot projects have been started this year at the family centers in three autonomous districts: Geumcheon-gu, Dongdaemun-gu, and Seocho-gu.

Source: <https://news.seoul.go.kr/welfare/archives/542503>

Marriage and Family Counseling **Seoul** **New**

Seoul Family Center offers a family counseling program for two or more family members (couple, parent-child, in-laws, etc.) to help improve familial and marital relationships. In addition, a pre- and post-divorce group counseling program is conducted for couples experiencing marital conflict, or going through or coping with a divorce. The program is open to the public, and those interested can register for it through Family Seoul (www.familyseoul.or.kr).

Source: <https://familyseoul.or.kr/node/14543>

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서울시민의 마음에 봄과
따뜻함, 치유의 시간을
지원하겠습니다.

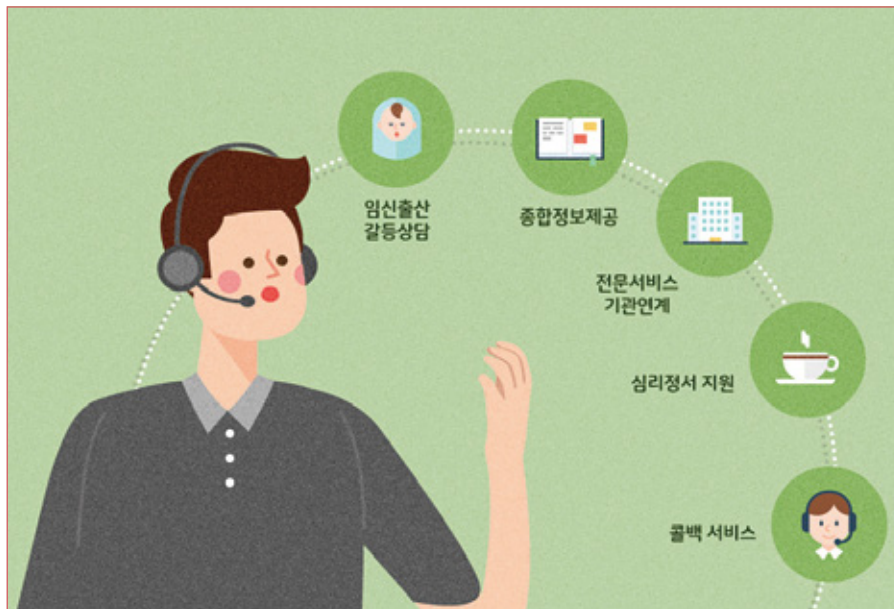
심공 마음조절연구소 **마을 한모금**



Family Counseling Helpline 1644-6621

The Korean Institute for Healthy Family, under the Ministry of Gender Equality and Family, operates a family counseling helpline and provides counseling and information services such as ▲ counseling for childcare, ▲ counseling for single parents, ▲ counseling for pregnancy and childbirth, ▲ crisis and conflict counseling, and ▲ counseling for COVID-19-related depression, to solve various family-related problems. In addition to existing phone and text counseling, chat counseling through KakaoTalk AI chatbots is also conducted 24/7/365; the chat counseling service can be easily used anytime and from anywhere by adding "Family Counseling Helpline" as a friend on KakaoTalk.

Source: https://www.kihf.or.kr/lay1/program/S1T613C631/photo/arlim/hongbo/view.do?article_seq=1113311&cpage=&rows=12&condition=&keyword=&tp=1&cat=43&menu_path=S1T613C631



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Services for Single-Person Households

Single-Person Household Portal “Single Jingle Seoul” **Seoul**

Single Jingle Seoul provides information on the single-person household support system, housing support, and participation programs offered by the Seoul Metropolitan Government.

Source: <https://1in.seoul.go.kr>



Accompanying the Vulnerable for Health Checkups **Seoul New**

From July to December 2022, the Seoul Metropolitan Government is cooperating with the National Health Insurance Corporation (Seoul Gangwon Regional Headquarters) to provide “companion support” to vulnerable and single individuals requiring healthcare. The service is for single-person households and vulnerable groups—those who wish to undergo a national health examination as a group (up to five to 10 people at a time). One “companion manager” is dispatched for every two to three applicants, who accompanies them on their journey to and from the hospital, besides staying with them throughout their time at the hospital (i.e., during the examination and treatment and fee payment).

Source: https://mediahub.seoul.go.kr/archives/2005062?tr_code=snews



Safe Lease Agreement Assistance for Single-Person Households **Seoul New**

The Seoul Metropolitan Government provides an assistance service for making lease agreements without difficulty for single-person households. Senior citizens who do not understand real estate information well and those who have just begun their career and are supporting themselves in Seoul are eligible to apply for the service. A “home security manager” provides assistance, right from consultation on monthly rent contracts, housing search (contract regulations information, registration check, etc.), and residential area search (monthly rent price formation, neighborhood details, etc.) to serving as a “residential security companion” (accompanying on on-site visits and for contract signing) and providing guidance on customized housing support policies. From July 4 to November 28, 2022, the service will be provided in five autonomous districts in Seoul (Jung-gu, Seongbuk-gu, Seodaemun-gu, Gwanak-gu, and Songpa-gu), and applications can be made through the single-person household portal Single Jingle Seoul (1in.seoul.go.kr) or via phone (contact the autonomous district family center nearest to you).

Source: https://www.seoul.go.kr/news/news_report.do#view/366573



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- ▶ 이용요금 : 시간당 5,000원(교통비 차감)
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- ▶ 이용요금 : 무료
- ▶ 운영시간 : 02.34~15.28
- ▶ 운영일시 : 월, 목 13:30~17:30(주 2회)
- ▶ 신청방법 : 02-1234-1179 1in.seoul.go.kr
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가능함

자세한 정보는 서울 1인가구생활지원센터(02-1234-1179) 또는 1in.seoul.go.kr

서울특별시

Single-Person Household Life Management Service Using AI Seoul New

The Seoul Metropolitan Government offers a life management service for single-person households, to manage loneliness and prevent social isolation, particularly in middle-aged and elderly people. The AI-based service involves regular calls by a bot to check whether the individual has had their meals, discuss daily issues, ensure their safety, and encourage them to engage in exercise and outdoor activities. Moreover, if something amiss is detected during conversation monitoring, autonomous district officials are immediately dispatched to check the individual's status and provide support by contacting the relevant agencies.

Source: <https://www.seoul.go.kr/realnews/in/list.do>

Social Dining for Middle-aged, Single-Person Households: Happy Table Seoul New

The Seoul Metropolitan Government is piloting Happy Table, a social dining initiative where middle-aged singles gather to cook and share food made with seasonal and healthy ingredients. Happy Table is one of the four safety policies of the comprehensive safety plan focusing on Seoul's single-person households (2022–2026), announced in January 2022. Special additional programs for each autonomous district, such as cooking classes and rural experience activities, have been rolled out in 10 autonomous districts (Gwangjin-gu, Yangcheon-gu, Seongbuk-gu, Mapo-gu, Seodaemun-gu, Gwanak-gu, Yongsan-gu, Jung-gu, Gangseo-gu, and Dobong-gu); those interested can register for these by calling the respective family centers.

Source: https://1in.seoul.go.kr/front/board/boardContentsView.do?board_id=2&contents_id=d2d5dbe862144b76a9766b905db6e2f0
<http://www.foodnews.news/news/article.html?no=494241>
<https://www.gwangjin.go.kr/portal/main/main.do#n>



올해 1인가구 행복한밥상 2기 참여자모집	
모집대상	충장년(40~64세) 1인 가구 남성, 여성 30명 (※활동 및 교육, 체험 및 봉사활동 가능)
신청기간	2022. 06. 22. 부터 (선착순 모집)
교육방법	비대면(Zoom)을 통한 영양교육 및 조리사연
교육일정	2022. 07. 11. ~ 07. 18. 매주 월요일 15:30~17:00 (총 2차시)
운영내용	충장년 식생활 패턴 및 기호도를 고려한 건강 레시피를 제공 잡밥, 반찬 만들기 위주의 비대면 요리교실 운영 (매 차시 별 2가지 조리 사진)
참여신청	전화신청 02-450-1582 / 1906
기타사항	프로그램 운영 당일 사전 식재료 꾸러미 제공(보전소 방문 수령)



Services for Multicultural Families

Inclusive Support Plan for School-aged Children of Multicultural Families New

In February 2022, the Ministry of Gender, Equality and Family announced an inclusive support plan for school-aged children of multicultural families to overcome the limitations of existing policies aimed at multicultural children and youths, which have focused on preschoolers. The following services will be introduced from this year.

Source: <https://mapo.familynet.or.kr/center/lay1/program/S295T322C324/receipt/view.do?seq=139764>

Source: <https://www.korea.kr/news/policyBriefingView.do?newsId=156494311>

Bridging the academic gap and career guidance

In March 2022, 78 family centers nationwide introduced academic and career counseling services for school-aged children of multicultural families to enhance their motivation to study and chart their own academic path.

Systematic support for school adjustment

In March 2022, 90 family centers launched a "multi-learning project" for multicultural children to support their basic learning such as reading, writing, and counting before and after entering elementary school. As part of this, if necessary, consultant interpreters are provided.

Support for building psychological, emotional, and peer relationships

From this year, 78 family centers nationwide have started one-on-one professional psychological counseling by youth counselors for children of multicultural families.

학령기 다문화가족 자녀 포용적 지원 방안

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- ☑ **다문화가족의 이중언어 역량 강화**
· 이중언어 가족환경 조성 사업 실시
· 이중언어 인재DB 운영
- ☑ **결혼이민자의 학습지원 역량 강화**
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학교 적응을 위한 체계적 지원

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- ☑ **출생한 지원을 위한 사각지대 해소**
· 다문화 밀집지역을 중심으로 지역 내 자원 연계체계 마련

심리·정서 및 또래관계 형성 지원

- ☑ **청소년 상담사를 통한 전문 1:1 심리상담 제공** 신규
· 필요 시, 상담동역지원사* 활용
*종교의·비종교의·다문화·통역사
- ☑ **또래관계 등 사회성 발달지원**
· 또래상담 프로그램 보급·활성화
· 사회성·리더십 개발을 위한 '다재다능 프로그램' 제공 기관 확대
- ☑ **학교폭력 예방 및 지원 강화**
· 학교폭력 예방교육 프로그램에 다문화 관련 내용 반영

인식개선을 통한 다문화 수용성 증진

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- ☑ **다문화 감수성 반영 정책 환경 조성**
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오리엔테이션 2022.04.11(화) (오전10시~11시) 비대면 진행

수업일정 2022.04.~2022.06. / 주 2회 / 총 20회 수업
(일요일 제외, 연차 사용 및 방학 연휴가 있을 수 있습니다.)

수료식 다배움 한글 2022.06.23 (목) 오후 4시
다배움 수학 2022.06.24 (금) 오후 4시

	MON	TUE	WED	THU	FRI
14					
15		다배움 한글 7세 15:00~16:00 (6시간)	다배움 수 7세 15:00~16:00 (6시간)	다배움 한글 8세 15:00~16:00 (6시간)	다배움 수 8세 15:00~16:00 (6시간)
16					
17		다배움 한글 7세 16:30~17:30 (6시간)	다배움 수 7세 16:30~17:30 (6시간)	다배움 한글 8세 16:30~17:30 (6시간)	다배움 수 8세 16:30~17:30 (6시간)
18					

방문지도 (중·고 시 아동과 함께 방문 방문지도)

여러회 개별적 학습 지원을 위한 전담강사가 있을 예정입니다.

문의전화 가족사업2팀 070-7467-0757

Expanding Customized Support by Life Stage for Multicultural Families **Seoul**

The Seoul Metropolitan Government will expand customized support by life stage for multicultural families living in Seoul.

Source: <https://news.seoul.go.kr/welfare/archives/541394>
https://www.seoul.go.kr/news/news_report.do#view/363216

Expansion of care services

The number of medical interpreters for the multicultural family care service provided before and after childbirth will be increased, and a mobile medical interpretation reservation program will be implemented for convenient use of the service. In addition, the number of care workers for part-time childcare services will be increased and family center services will be expanded, to enable women from multicultural families to participate in programs provided by the autonomous district family center without the burden of childcare.

Support for children's growth

The home-visit learning support project, which teaches basic academic skills such as the Korean alphabet, reading, and Chinese characters, will be extended to children of multicultural families and foreign residents (aged three to 15). In addition, career advancement support programs such as counseling, briefing sessions on admission requirements, and work experience will be made available to children and the parents of multicultural families (aged nine to 24) who have difficulty accessing information on career and college enrollment.

Expansion of employment support

The Seoul Metropolitan Government has launched a project this year that will serve as a stepping stone to employment for married immigrants, to help them settle in. Accepted applicants can receive education necessary for employment while gaining practical experience such as interpreting, translating, and supporting program operation at family centers, foreign support facilities, and employment education institutions in Seoul.

Expanding Multicultural Integrated Daycare Centers **Seoul**

From June 2022, the Seoul Metropolitan Government has started designating multicultural integrated daycare centers (34 so far), and it plans to have a total of 120. These centers offer various hands-on activities involving multicultural cooking, traditional clothing, and traditional games, and provide Korean language education for multicultural families and children.

Source: <https://mediahub.seoul.go.kr/archives/2004782>



Services for Single-Parent Families

Expanding the Housekeeping Support Service for Single-Parent Families Seoul

The Seoul Metropolitan Government has expanded the housekeeping support service provided to single-parent families, which was introduced in 2018. To ensure comprehensive support, the monthly service frequency has been increased from thrice to four times (four hours each time). The service is provided free of charge to single-parent families with a median income of 52% or less.

Source: https://www.seoul.go.kr/news/news_report.do#view/359218

서울시에게 우리집을 맡겨요!

한부모가족 가사서비스지원사업

지원대상

서울시 거주 한부모 가족 중 아래 조건 1개 이상 해당

- 일 또는 학업을 병행하는 경우
- 자녀가 36개월 미만인 경우
- 본인 또는 가족구성원의 질병이나 장애로 가사가 어려운 경우

제출서류

- ① 공통제출서류
주민등록등본(및자리 삭제)
- ② 한부모가족증명서류 (택1)
한부모가족증명서 / 혼인관계증명서(상제)
- ③ 소득증명서류 (택1)
수급자증명서 / 건강보험료납부확인서(직전3개월)
- ④ 추가제출서류 (택1)
재직 재학증명서 / 수강증 / 장애인증명서 / 진료확인서

지원내용 ※ 예산 소진 시 조기 마감

청소

설거지

세탁

월계 30분 포함
4시간

월 최대4회

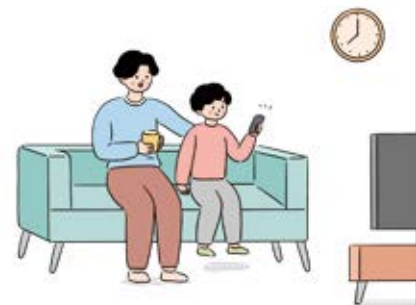
이용요금

- 중위소득 52% 이하 무료
- 중위소득 80% 이하 1회 8,000원
- 중위소득 120% 이하 1회 10,000원

구분	종류	수급자 증명서	한부모가족 증명서	혼인관계 증명서	건강보험료 납부확인서 (직전3개월분)	재직증명서, 재학증명서 또는 수강증, 장애인증명서, 진료확인서
A 중위소득 52%이하	필수	O	O	X	X	
B 중위소득 80%이하		X	해당사항 택1 필수	혼인관계증명서 제출 대상자만 제출	해당사항 택1 필수	
C 중위소득 120%이하		X	X	O	O	

※ 한부모가족증명서는 중위소득 60%이하(청소년 한부모 72% 이하) 까지 발급 가능
 ※ 중위소득 61% ~ 80% 해당 가구는 혼인관계증명서(상제) 외 건강보험료 납부확인서로
 제출 가능

서울특별시한부모가족지원센터
☎ 02 - 861 - 3012



Single Parents Eligible for Emergency Welfare Support Are Also Eligible for Child Support New

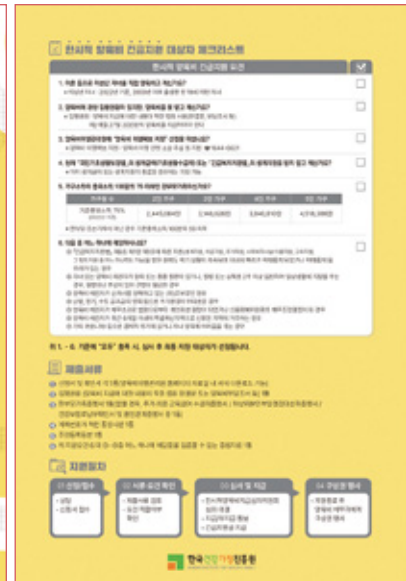
Through child support for single-parent families, single parents with a median income of 52% or less are provided 200,000 won per month for children aged under 18. From August 1, 2022, single parents receiving emergency welfare support (emergency living expenses provided temporarily to low-income families who have difficulty maintaining their livelihood due to a sudden crisis) can also receive child support.

Source: <https://blog.naver.com/mogefkorea/222829220583>

Expanding Temporary Emergency Child Support

If the welfare of children is or expected to be in jeopardy due to the noncustodial parent's failure to provide child support, the custodial parent can receive childcare expenses through temporary emergency child support. The support scope has been expanded from this year— income standard has been eased for single parents and now extended from a median income of 50% or less to a median income of 75% or less, 200,000 won per child provided monthly for nine months. In addition, for low-income single-parent families, monthly support has been increased from 100,000 won to 200,000 won.

Source: <https://www.korea.kr/news/visualNewsView.do?newsId=148899355>
<https://www.childsupport.or.kr/lay1/S1T15C21/contents.do>
<https://blog.naver.com/pinacho1/222782220532>



Visitation Service

To streamline the noncustodial parent's visitation with respect to their child(ren), the Korean Institute for Healthy Family will expand the single-parent family visitation service provided by the Child Support Agency to 14 family centers nationwide. In the case of Seoul, family centers in Gwangjin-gu, Dobong-gu, Dongdaemun-gu, Yeongdeungpo-gu, and Yongsan-gu provide the service.

- 1) Arbitration: Mediation and consultation on matters concerning visitation (method, time, place, etc.)
- 2) Counseling: Psychological counseling for the custodial parent, noncustodial parent, and child(ren) and parental education
- 3) Monitoring: Confirming whether or not to continue the visitation after the service and to support its implementation

Source: <https://familyseoul.or.kr/node/14089>
<http://www.alioplus.go.kr/news/newsDetail.do?sessionId=WN64m7ILQpKcKQG4NJ9-s4pY.node21?brdSeq=17895>

Strengthening Criteria for Requesting Overseas Travel Ban for Child Support Defaulters

On August 9, 2022, the Act on Securing and Supporting Child Support was revised, strengthening the regulations against those who fail to fulfill their child support obligations by making it easier to request an overseas travel ban for them. On August 16, the standard for child support debt was lowered from 50 million won to 30 million won, and if a child support debtor defaults three or more times, a request to prohibit them from leaving the country can be made.

Source: <https://blog.naver.com/mogefkorea/222843088144>

Services for Adolescent Parents

Ordinance on Family Support for Adolescent Parents Seoul New

On April 28, 2022, the Seoul Metropolitan Government implemented a basic plan to support adolescent parents in Seoul by enacting an ordinance on family support for such parents. The term “adolescent parents” refers to a married couple aged under 24 raising children. “Adolescent parent family” refers to adolescent parents and their children living together, with the former providing to the latter daily support, childcare, protection, education, and so on. Since single adolescent parents receive support under the Single-Parent Family Support Act, the ordinance focuses on married adolescent parents. The ordinance contents cover enhancement of adolescent parents’ social stability and welfare, including the definition of adolescent parents, implementation of a fact-finding survey, formulation of a basic plan, and operation of the adolescent parent family support committee.

Source: <https://www.ulex.co.kr/%EB%B2%95%EB%A5%A0/1703585-2220677-%EC%84%9C%EC%9A%B8%ED%8A%B9%EB%B3%84%EC%8B%9C%EC%B2%AD%EC%86%8C%EB%85%84%EB%B6%80>

2022 Family Enrichment Support Project New

Family centers in 10 autonomous districts in Seoul (Gwanak-gu, Guro-gu, Geumcheon-gu, Dobong-gu, Dongdaemun-gu, Seodaemun-gu, Seocho-gu, Yeongdeungpo-gu, Eunpyeong-gu, and Jongno-gu) are implementing the family enrichment support project for adolescent parents (single parents and those whose marital status is unclear) raising children with a median income below 100%. This project covers the provision of various services such as emotional support for children in learning situations, living support, educational programs/self-help gatherings, counseling, and legal support.

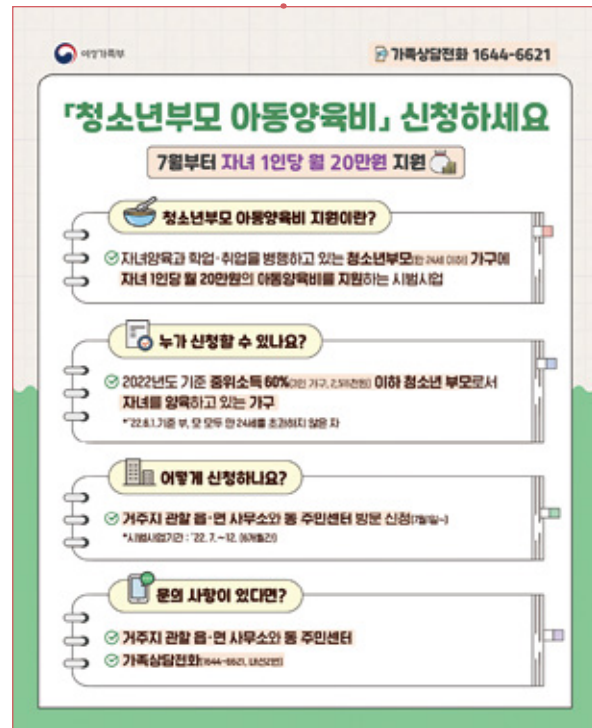
Source: <https://familyseoul.or.kr/node/13666>



Pilot Project to Support Adolescent Parents' Child-Rearing Expenses New

Under this project, 200,000 won per child per month will be provided to adolescent parents (24 and under) who are raising children and studying and working at the same time. The project will be implemented for six months from July to December 2022.

Source: <http://www.mogef.go.kr/>



Pilot Project for Self-Help Support for Single Adolescent Parents **Seoul**

From July to December 2022, a pilot project for providing self-help support to single adolescent parents will be implemented to provide case management services such as provision of welfare information and matching government services with single-parent households with a median income of 72% or below (two-person household, 2,347,000 won). Adolescent parents selected for support will receive information on government support such as pregnancy and childbirth medical expenses, childcare, child support debt fulfillment, employment, and counseling and emotional support such as professional psychotherapy.

Source: <https://www.korea.kr/news/policyNewsView.do?newsId=148902951&pWise=su&pWiseSub=B12>
<http://www.mogef.go.kr/>

여성가족부
 복권위원회

한부모가족 상담전화 1644-6621

「청소년 한부모 자립지원패키지 시범사업」이 2022년 7월 시작됩니다

❓ 자립지원패키지 시범사업은 무엇인가요?

만 24세 이하 청소년 한부모의 자립 역량 강화를 위해 양육, 취업 등 각종 정보를 안내하고 정부 서비스를 연계해주는 제도입니다.

<주요 내용>

- 정부서비스 연계 자녀양육·취업 등 각종 지원 정보를 종합적으로 안내하고 필요한 서비스*를 연계·제공(신청 대용 포함)
 - 생활지원 임신·출산 진료비, 건강관리, 자녀돌봄 등 지원
 - 자립지원 주거, 취업, 양육비 채무 이행 등 지원
 - 기타지원 각종 복지정보 안내, 지역사회 자원 활용·연계 등
- 상담·정서지원 고충상담, 전문심리치료, 멘토링, 양육용품·병원비(연 100만원 이내), 자조모임 등 지원

❓ 누가 신청할 수 있나요?

☑ 2022년도 기준 중위소득 72% (2인가구, 234만 7천 원) 이하 **청소년 한부모***

*'22.7.1. 기준 만 24세를 초과하지 않은 자

❓ 어떻게 신청하나요?

☑ 전국 시·도별 사업수행기관에 방문 신청(7월1일~)

*시범사업기간 : '22. 7. ~12.

❓ 궁금한 점이 있다면?

☑ **한부모 상담전화(1644-6621, 내선2번) 및 사업수행기관(여성가족부 홈페이지* 참조)**

*여성가족부 홈페이지(<http://www.mogef.go.kr/>): 메인화면 > 정책정보 > 주재별정책자료 > 가족

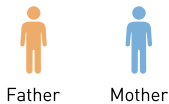


2

From Communication to Care: Seoul Families

2022 SEOUL FAMILY SURVEY

A Close-up of Seoul Families: Parenting Stress

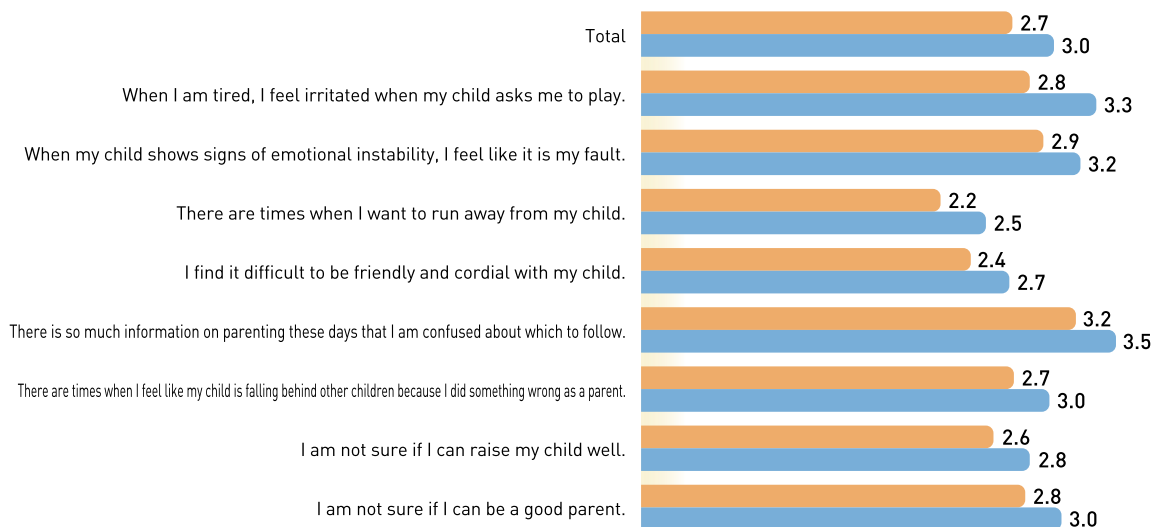


Parenting stress higher for mothers than fathers

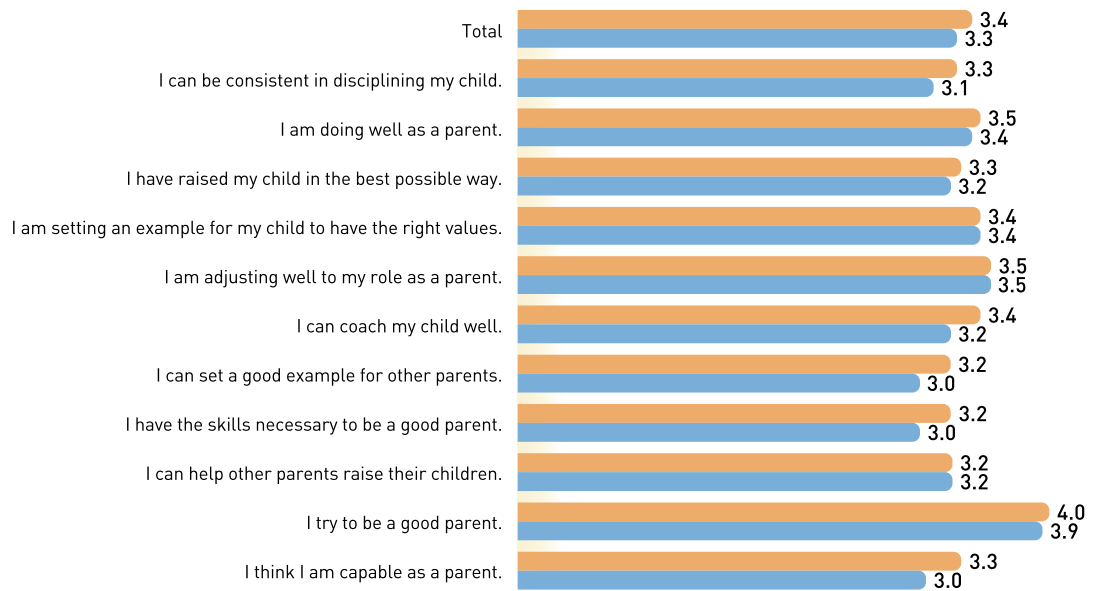
Below are the results of an investigation on parenting stress (scored on a 5-point scale) and parenting efficacy (scored on a 5-point scale) for 245 parents (101 mothers and 144 fathers) raising children aged 12 and under, who participated in the 2022 Seoul Family Survey.

- Mothers' parenting stress (3.0 points) was significantly higher than fathers' (2.7 points).
- The difference between fathers' parenting efficacy (3.4 points) and mothers' parenting efficacy (3.3 points) was insignificant.

Parenting Stress



Parenting Efficacy



Source: 2022 Seoul Family Survey of 245 parents with children aged 12 and under

In what type of cases is parenting stress high?

Below are the results of an analysis of predictive factors of parenting stress (scored on a 5-point scale) of 234 parents raising children under elementary school age (see Appendix 2-1 for the detailed results of the multiple regression analysis).

- | | | |
|--|---|---|
| <ul style="list-style-type: none"> • Mothers • Couples working together • Couples with high marital conflict • Parents with low parenting efficacy | ▶ | <p>Parents raising children elementary school age and under had high parenting stress.</p> |
|--|---|---|

Source: 2022 Seoul Family Survey of 234 parents with children under elementary school age



Seoul Metropolitan Government's New Policies and Services to Support Parents

Mom and Dad Happiness Project **Seoul New**

The Seoul Metropolitan Government has launched the Mom and Dad Happiness Project to create a city free of childcare concerns. Announced on August 18, 2022, it is the city's first comprehensive plan focusing on caregivers' happiness, with a planned investment of 14.7 trillion won over the next five years. Under the project, which aims to identify and solve child-rearing difficulties from caregivers' perspective, a total of 28 initiatives covering four major areas are being implemented: ▲ secure childcare (including childcare allowances and vouchers, niche childcare SOS service, and Seoul-style kids cafés), ▲ convenient outings (including Seoul Mom and Dad VIP Zone, family-first parking lot, and Seoul Mom and Dad Taxi), ▲ health and healing (including healing time culture project, total postnatal body and mind care, and Seoul child development support center), and ▲ work-life balance (including parental leave subsidy for parents; housekeeping support service for pregnant women, dual-income families, and multi-child families; niche meal support; and a three-step support program for the employment of women with experience). In addition, a campaign to raise citizens' awareness of the importance of parents' happiness ("Mom and Dad Happiness") will be held to create a society where both children and parents are respected.

Source: <https://familyseoul.or.kr/node/14866>

Aja (Father-Child) Project **Seoul**

Twenty-five family centers in Seoul are conducting a father-child educational/cultural experience program—the Aja project—to strengthen the parenting capability of fathers (or other male caregivers) of children aged five to 13 and improve their bond with the children. The project supports fathers' growth to enable them to cultivate meaningful relationships with their loved ones by providing classes on how to build relationships with children, have conversations, acquire skills to cope with children's behavior, and play. This year, 10 centers are implementing the project.

Source: <https://familyseoul.or.kr/node/13782>



Aja! Seoul Riding!: Father-Child Relationship Improvement Project **Seoul**

The Seoul Metropolitan Government and autonomous district family centers are conducting a bicycle mission project for elementary school children and their fathers. The aim is to improve father-child relationships, promote fathers' parenting, and ensure a gender-equal culture. Several educational programs are provided, such as special lectures for fathers, bicycle safety education, and bicycle tours for children with their fathers.

Source: <https://familyseoul.or.kr/node/13782>



“Aja Seoul” for Father and Child **Seoul**

To create a city where both fathers and children are happy, Seoul Family Center is running an Instagram account, @seoulfamily_official (Aja Seoul), for fathers in Seoul, and it also introduces travel destinations, hobbies, play, and events for fathers and children on its website familyseoul.or.kr.

Source: https://www.instagram.com/seoulfamily_official/



Seoul City Father's Team **Seoul**

The “Seoul City father’s team,” run by the Seoul Metropolitan Government and Seoul branch of Korea Population, Health and Welfare Association, is a group of fathers keen to parent better who gather to share their concerns and know-how. The 2021 second Seoul City father’s team participant satisfaction survey revealed positive changes such as increased understanding of children (92.6%), increased interest in parenting (91%), and increased conversation and activity time with family (90%). The team’s main activities are ▲ the “smiling dad class,” which teaches father-child conversation and interaction using play; ▲ “smiling dad counseling,” which is group mentoring to facilitate application of children’s play interactions and strengthen fathers’ capabilities; ▲ the “smiling dad experience,” which involves hands-on activities for a father and child; and ▲ the “smiling dad meeting,” a self-help group support program. Various online and offline activities are also conducted.

Source: <https://news.seoul.go.kr/welfare/archives/543124>

2022년도 아이와 함께 자라는

서울시 아빠단 모집요강

초등학생 자녀를 둔 '아버지'를 대상으로 교육, 상담, 체험 프로그램 등을 통해 자녀와의 관계를 회복하고, 성평등한 가족친화문화 환경 조성

활동기간	2022년 6월 ~ 11월
대상	서울 거주 초등학생 자녀를 둔 아버지 60명
신청방법	참가신청서 제출
모집기간	2022년 5월 9일(월)부터 선착순 모집
선정자발표	수시 개별연락, 서울시 아빠단 공식 커뮤니티 공지
진행방법	비대면- 교육, 체험미션, 온라인 미션 대면- 검사, 상담
문의	070-4947-0453

서울시 아빠단 공식 카페

서울시 아빠단 참여 신청서

Seoul Childcare Services

Seoul's Infant-exclusive Caregiver Pilot Project Seoul New

Since March 2022, the Seoul Metropolitan Government has been test-operating the dedicated infant caregiver project in six autonomous districts (Jungnang-gu, Seodaemun-gu, Mapo-gu, Guro-gu, Gangnam-gu, and Gangdong-gu) for infants aged three to 36 months. The project aim is to create an environment where parents in dual-income families can safely leave their children with trained dedicated infant caregivers. After the pilot, the Seoul Metropolitan Government plans to roll out the project in all 25 autonomous districts in Seoul from 2023.

Source: <https://news.seoul.go.kr/welfare/archives/540352>

Base-type Night Care Seoul

The Seoul Metropolitan Government provides free night care (excluding dinner expenses) for preschoolers at the base-type night care centers. Night care is free for both the children cared for at home and those going to daycare centers and kindergarten.

•Operating hours: 16:00~22:00 on weekdays (closing time varies by daycare center)

Source: <https://iseoul.seoul.go.kr/portal/reservation/baseExtendInfo.do>

Seoul Type Kids Café Seoul New

The Seoul Metropolitan Government operates a Seoul type café where children can play freely without worrying about fine dust, the weather, or season. The spacious café provides a space of at least seven square meters for every child, as well as safe play and care services by deploying teachers and facility safety management personnel. In addition, emergency and temporary care services are provided at the guardian's request. The café, the first of several, was opened in May 2022 in Hyehwa-dong, Jongno-gu, and 20 more will be opened sequentially this year.

•Jongno branch details: For children aged three to seven and their guardians (for reservation, visit <https://playsangsang.co.kr/>)

•Jongno branch rate: 2,000 won for two hours

Source: https://icare.seoul.go.kr/icare/dolbomMENU5/dolbomMENU5_1.jsp



Services for Prospective Parents

Seoul Support Project for Pregnant Women

Seoul New

In July 2022, the Seoul Metropolitan Government introduced a support project for pregnant women—a 700,000-won voucher (to cover transportation expenses) for every pregnant woman. The project aim is to support healthy childbirth by providing convenient transportation to pregnant women.

- Target population: pregnant women registered as Seoul residents for more than six months as of the date of application (excluding foreigners)
- Application period: from the third month of pregnancy (12th week) till three months after childbirth

Source: <https://www.seoulmomcare.com/main/main.do>

2022 Seoul Housekeeping Support Service for Pregnant Women

Seoul New

The Seoul Metropolitan Government has started a two-month housekeeping service for pregnant women to ease their burden close to childbirth. The service includes cleaning, washing, organizing, and cooking over the course of a four-hour home visit once a week. Currently, only Mapo-gu and Gwanak-gu offer this service, but in 2023, pilot projects will be conducted in all 25 autonomous districts in Seoul for pregnant women and dual-income families.

- Target population: those with a median income of 150% or less (high-risk pregnant women, multi-child families, and dual-income households given priority during selection)
- Cost: 6,000 won or 12,000 won per session (48,000 won or 96,000 won for eight sessions)

Source: [http://csi.welfare.seoul.kr/front/info/detailPublication.do;sessionId=rap0dUHRxP3\(TIEuilw3feMgFn5UdxlxGKP5mcRYLAn1KTzGbj8s0ZfWp08MAzsA.www_servlet_engine3?currentPage=1&gubun=publication&no=1129&sch_field=SUBJECT&sch_keyword=](http://csi.welfare.seoul.kr/front/info/detailPublication.do;sessionId=rap0dUHRxP3(TIEuilw3feMgFn5UdxlxGKP5mcRYLAn1KTzGbj8s0ZfWp08MAzsA.www_servlet_engine3?currentPage=1&gubun=publication&no=1129&sch_field=SUBJECT&sch_keyword=)



Seoul Pregnancy and Childbirth Information Center

Seoul

The Seoul Metropolitan Government operates the Seoul Pregnancy and Childbirth Information Center, which provides information on pregnancy and childbirth as well as various services that can be availed through online registration.

Source: <https://seoul-agi.seoul.go.kr/smom>



Family Care Service for Seoul Families



Care SOS Center

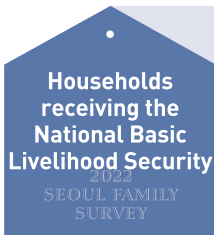
Seoul

From 2022, the Seoul Metropolitan Government has expanded the Care SOS Center, which began as a pilot project in five autonomous districts in 2019, to all 425 districts in the 25 autonomous districts. Those eligible for support are recipients in need of care, lower-income families, those aged 50 and above, and people with disability. Also, those not belonging to any of the above categories can still receive support if in need of emergency care. The Care SOS Center responds to temporary crisis situations as well as care-related difficulties through various services (temporary housing, short-term facilities, companion support, residential convenience, meal support, etc.). Due to the COVID-19 pandemic, for now, support for people with a median income of 100% and below is free, while others can avail the service at their own expense.

Source: '서울복지포털' <https://wis.seoul.go.kr/hope/center/guide.do>

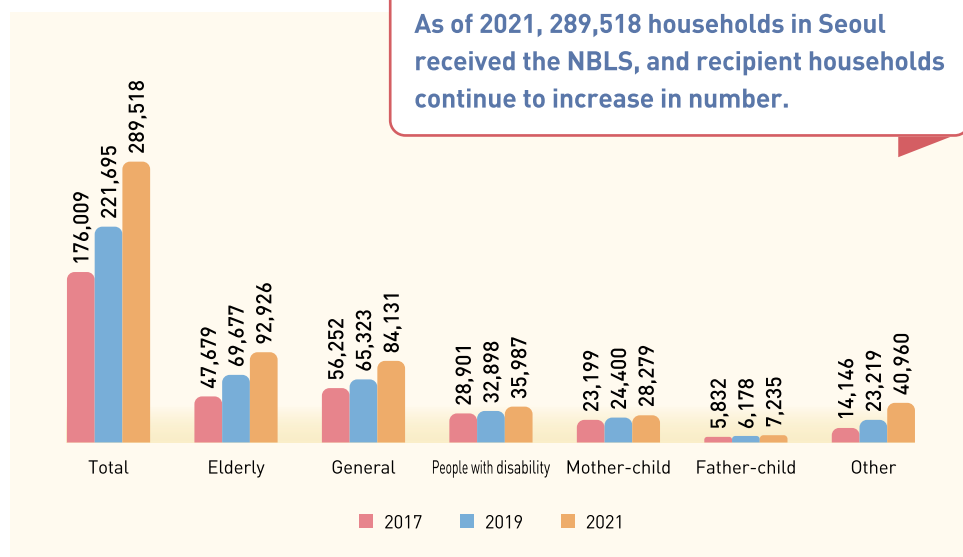
3

Harmonious and Stable Seoul Families



As of 2021, 289,518 households in Seoul received the National Basic Livelihood Security (NBLS), and recipient households continue to increase in number, as per the data recorded every other year since 2017. Considering household types over the years, the numbers of elderly households and general households receiving the NBLS are continuing to rise (Ministry of Health and Welfare, relevant year).

Status of households receiving the National Basic Livelihood Security in Seoul by household type



Unit household

Source
Ministry of Health and Welfare, relevant year, NBLS recipient status

Financial Support for Seoul Families



Safe Income Pilot Project Seoul New

In July 2022, the Seoul Metropolitan Government launched the Safe Income Pilot Project, a new income guarantee system that provides greater support for lower-income families. Under the project, the selected household's income is considered in relation to a median income of 85%, and the shortfall (standard income – household income) is compensated with "safe income." The Seoul Metropolitan Government has selected 500 households in phase 1 this year and plans to select 300 more in phase 2 in 2023, to support them over the next three years; the 500 households were selected through random sampling from among households with a median income of 85% and below(those in the bottom 33% income group) and assets worth 326 million won or less.

Source: <http://www.seoulsafetyincome.seoul.kr/web/main/index.lp>



2022년
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지원대상 기존 서울시 거주(만6세~24세) 소독기온대상, 학교밖, 다문화청소년에서
법정 원부모가족, 복원이탈주민 청소년까지 확대

계통사유	소독기온대상	활동요 (자동차객질음)
	학교밖, 다문화, 복원이탈주민	회합가일 시 별도 증명서 제출

📍 서울런 가입 즉시 학습사이드 별도 가입 없이 원스톱 가입 완료!

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학습계획, 문장쓰기, 문법, 진로관리까지 체계적인 멘토링 서비스 제공

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· 장소: 배대원 (화상강의 플랫폼)

오브라연 1:2 그룹멘토링 / 주 1회 1시간
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<https://seoulrun.seoul.go.kr>

Expanding the Seoul Run Service Seoul

Since August 2021, the Seoul Metropolitan Government has been providing various educational services such as online materials for elementary, middle, and high school subjects and other educational needs (certification, language, employment, etc.) and customized mentoring for disadvantaged students who have difficulty accessing educational resources.

Since July 2022, services have improved significantly (e.g., additional learning websites).

Target population: Beneficiaries living in Seoul, lower-income families, adolescents from legal single-parent families, dropouts, children of multicultural families, and North Korean defectors (aged 6–24, including repeat students)

Source: <https://seoulrun.seoul.go.kr/front/mainView.do>

Support for Low-Income Families

National Basic Livelihood Security System

A system that provides basic living security to low-income families with a median income of 30–50% through livelihood, housing, medical, and educational benefits



Seoul Basic Security Scheme *Seoul*

A scheme that supports the underprivileged who face difficulty living and, yet, are unprotected because they do not meet legal requirements



Seoul-type Emergency Welfare Support System *Seoul*

A system to support low-income households that have difficulty maintaining their livelihood due to sudden crises



Hope Ondol Crisis Emergency Support Fund *Seoul*

A system that supports the vulnerable who have difficulty maintaining their livelihood but cannot receive support because they do not meet legal requirements



Support for a Wide Range of Families

Low-Income Single-Parent Family Support Project

A project that provides low-income single-parent families with welfare benefits such as childcare expenses, school equipment expenses, admission and tuition fees, and transportation expenses



Multi-Child Family Support System

A system that provides benefits such as fee discounts, medical expense support, and tax reduction to multi-child families with two or more children



Self-Reliance Allowance for Those No Longer Under Protection

A system that pays 300,000 won per month in self-reliance allowances to individuals aged 18 and above within five years of the end of protection from child welfare institutions and foster care



Life Support for the Elderly: Basic Pension System

A system for senior citizens aged 65 and above in the bottom 70% income group



Youth Support**Seoul Youth Allowance** *Seoul*

Activity subsidies (up to 500,000 won per month for up to six months) for youths aged 19–34

Source: https://youth.seoul.go.kr/site/main/content/youth_allowance_justice

Youth Public Transportation Fee Support *Seoul*

Traffic mileage of up to 100,000 won per year for youths aged 19–24

Source: https://youth.seoul.go.kr/site/main/content/transportationfee_intro

Employment Incentives for Unemployed Youth

A one-time gift certificate worth 500,000 won for every unemployed youth

Source: https://youth.seoul.go.kr/site/main/content/unemp_emp_incentives_intro

**Financial Assistance
and Asset Formation****Seoul Young Tech Support Project** *Seoul*

A project that supports economic independence of youths who find asset formation difficult, including systematic financial education and customized counseling

Source: https://youth.seoul.go.kr/site/main/content/youth_young_tech_intro

Youth Double Hope Account *Seoul*

If the account holder saves 100,000 to 150,000 won every month for two or three years after opening it, through the asset formation support project for working youths, the Seoul Metropolitan Government will add an equivalent amount from its budget and citizen support funds to support youth asset formation.

Source: <https://account.welfare.seoul.kr/web/contents/youthBank.lp>

Dream Narae Account *Seoul*

An asset formation support project that provides educational expenses for children. If the account holder saves 50,000 to 120,000 won every month for three or five years after opening it, the Seoul Metropolitan Government will add an equivalent amount or 50% of the savings from its budget and citizen support funds.

Source: <https://account.welfare.seoul.kr/web/contents/dreamBank.lp>

Iroom Account: For Youths with Severe Disability *Seoul*

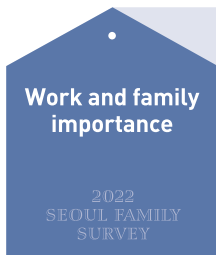
It is an asset formation support project for youths with disability. If the account holder saves 100,000 to 200,000 won every month for three years after opening it, the Seoul Metropolitan Government will add 150,000 won per month from its budget.

Source: <https://account.welfare.seoul.kr/web/contents/achieveBank.lp>

Seoul Financial Welfare Counseling Center *Seoul*

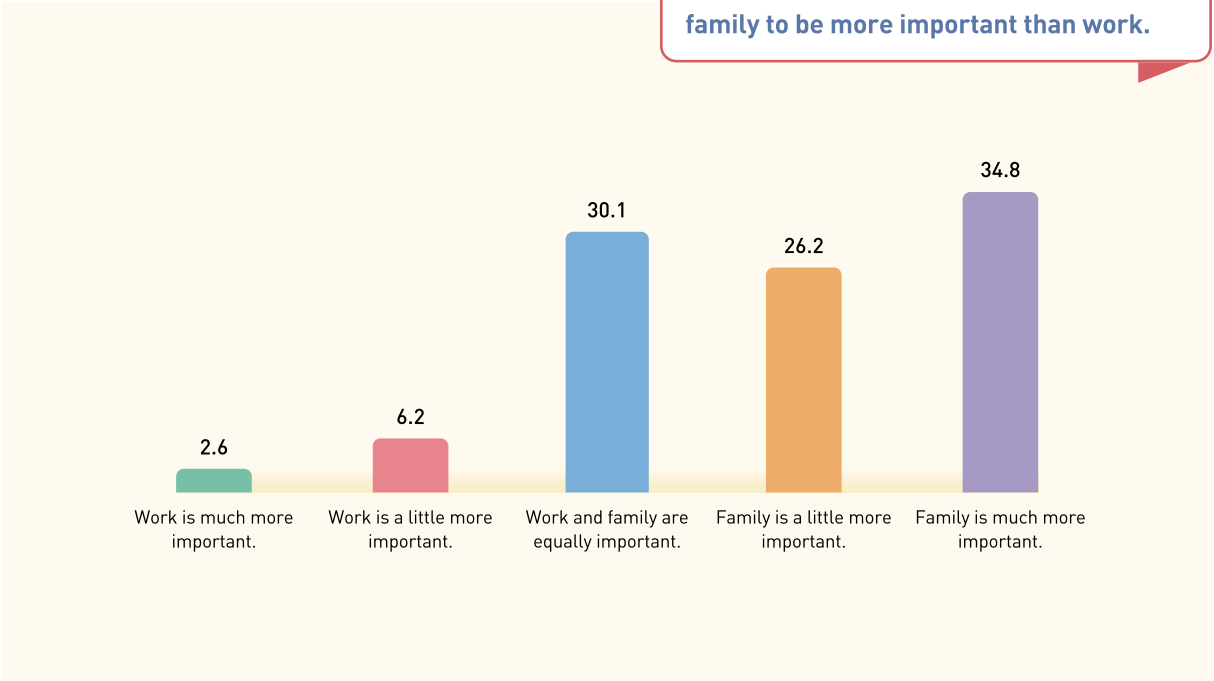
The Seoul Financial Welfare Counseling Center provides such services as bad debt management, household debt management, and linking of welfare services.

Source: <http://sfwc.welfare.seoul.kr/sfwc/main.do>

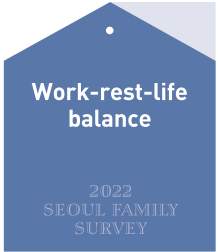


When asked “Which is more important, work or family?”, 34.8% of the respondents answered “Family,” followed by “Work and family equally” (30.1%). Overall, 61.0% of the respondents chose “Family” (Family is much more important + Family is a little more important). There were no differences by sex or age group in these responses.

Importance of work and family for Seoul residents

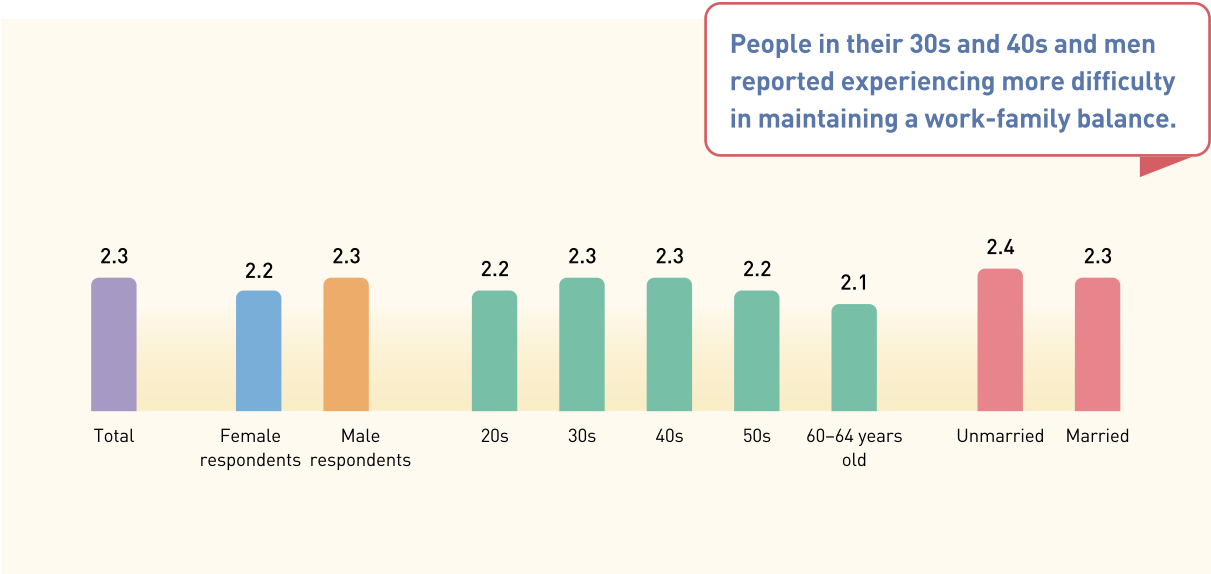


Unit	%	Source	2022 Seoul Family Survey (1,703 respondents)
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Seoul residents' degree of work-rest-life balance was examined using categories such as "difficulty in maintaining work-family balance," "difficulty in maintaining work-leisure balance," and "difficulty in maintaining work-growth balance." "Difficulty in maintaining work-family balance" was somewhat low, with an overall average of 2.3 points (scored on a 5-point scale). In terms of "work-family balance" by sex and age group, the level of difficulty that men reported experiencing was significantly higher than that of women, and the difficulty those in their 30s and 40s reported experiencing was higher than that of the other age groups. The difference by marital status was insignificant.

Difficulty in maintaining work-family balance by sex, age, and marital status



Unit point Source 2022 Seoul Family Survey (1,328 respondents currently working)



Services for Seoul Families

Mind Care Project Seoul New

The Seoul Metropolitan Government has implemented a “mind care project” to help Seoul residents achieve a work-life balance and recover their daily lives. There are various programs under the project, such as “know your mind” for job stress self-diagnosis and work-life balance diagnosis, “take care of your mind,” which comprises content on mental health and healing, and “share your mind,” which involves providing programs according to each participant’s characteristics and situation, operating a mind counseling center, and providing one-on-one customized counseling.

Source: <https://www.mindjobgo.com/about.html>

Space Sallim Coworking Space Seoul

Space Sallim runs a kid-friendly coworking space to enable caregivers to balance work and caregiving. The space is for people on parental leave and those who need a place to work while caring for children. It also offers spaces where care services such as base-type childcare centers (for elementary school students or older children) and infant care classes are provided.

Source: <http://www.spacesallim.or.kr/space/contents/space-floor-1F.do?sfTab=FTspacesallim000047#none>

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나는 무엇을 잘하는 사람일까?	초·중·고등학생 대상	자기탐색, 직무 탐색 프로그램	1월 4일 15:00~17:00 2월 15일 15:00~17:00 3월 15일 15:00~17:00
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나, 예전처럼 잘 할 수 있을까? 육아휴직 복귀 전 내 감정 다시찾기	초·중·고등학생 대상	육아휴직 복귀 전 직무 프로그램	1월 4일 15:00~17:00 2월 15일 15:00~17:00 3월 15일 15:00~17:00
육아휴직 전 후, 나의 '불안' 들여다보기	초·중·고등학생 대상	육아휴직 전 후 직무 프로그램	1월 4일 15:00~17:00 2월 15일 15:00~17:00 3월 15일 15:00~17:00

프로그램 참여 신청
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거점오피스 공간이 필요한 기업

이용시간
평일(월~금, 9:00~21:00)
주말(토, 9:00~21:00)

신청방법
온라인 접수 (구글 폼 작성)

문의처
성정문화사업팀 02-810-5246

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